



# Let's get started!

How to set up your  
Help for Home supply center



# Big results



## Here's how the Help for Home program works

### It's easy!

Your patients experience less hassle searching for therapy supplies and get better therapy outcomes by continuing their progress at home. They may even get reimbursed for their supplies purchased at Help for Home, depending upon their insurance.

Your clinic offers patients greater convenience and improved outcomes, plus you receive additional clinical therapy supplies as your reward!

- Help for Home sets up a supply center in a patient-accessible area of your clinic, usually in the gym or lobby area. The center is stocked with up to \$2,000 of home therapy supplies you select as initial inventory (professional grade items at competitive prices; sales tax included in pricing).
- Your clinic designates a staff member as the liaison for Help for Home.
- Your physical therapists recommend exercise programs for the best outcomes and fastest recovery times for their patients, plus corresponding therapy supplies from your Help for Home center. Therapists can demonstrate how to use the product right there in your clinic.
- Your clinic writes up the sale, records your patient's credit card or takes cash or check and deposits receipts/money in the Help for Home locked receptacle box. All sales are transacted directly with Help for Home, including post-sales support.
- Sales slips and money are picked up monthly by Help for Home.
- Help for Home contacts you monthly for your restocking order, shipping additional supplies to maintain your on-site inventory.
- At the end of each quarter, Help for Home tallies Rewards Points based on monthly sales volume for your clinic, allowing you to redeem points for clinical supplies.

### The service is free!

Help for Home covers the entire cost of stocking and maintaining your cabinet unless sales fall below \$200/month, at which time a \$25 administrative fee will be charged.



These items are required for your Help for Home supply center. Use the following pages to select up to an additional \$1,682.00 in initial inventory. Fax your completed order to 317-581-1857 and we'll contact you to arrange for setup.

Starter Kit				
item	(sales tax included on all items)	price	quantity	total
Biofreeze 3 oz Roll-on		\$10.00	4	\$40.00
Biofreeze 4 oz Tube		\$9.00	4	\$36.00
Pre Pak Shoulder Pulley		\$17.00	3	\$51.00
Lumbar Roll Standard w/ Strap		\$17.00	1	\$17.00
55 cm red physioball (polybag)		\$21.00	2	\$42.00
65 cm green physioball (polybag)		\$23.00	2	\$46.00
Coverroll 2"		\$14.00	2	\$28.00
Leukotape 1.5"x15 yd		\$12.00	2	\$24.00
Kinesio Tape 2" x 4.5 yd. Water Resistant Tan		\$17.00	2	\$34.00
<b>Total</b>				<b>\$318.00</b>

**ADL / Mobility**

item	price	qty	total
Formed Sock Aid w. Grip 16.25"	\$13.00		
Plastic Shoehorn			
· 18"	\$4.00		
· 23"	\$6.00		
Reacher			
· 26"	\$16.00		
· 32"	\$17.00		
Leg Lifter 42"	\$10.00		
Medium Base Quad Cane	\$23.00		
Adjustable Aluminum Cane	\$21.00		
Raised Toilet Seat	\$21.00		
Hip Kit: Reacher, sock aid, dressing stick, shoe horn, longhandle sponge	\$39.00		
<b>Subtotal for ADL/Mobility</b>			<b>\$</b>

**Cold / Hot Therapy**

Blue Cold Pack Clinical Style			
· Half	\$10.00		
· Standard	\$22.00		
· Cervical	\$17.00		
· Oversize	\$28.00		
All Temp Hot/Cold Pack			
· 6" x 10"	\$5.00		
· 10" x 15"	8.00		
Therabeads Microwave Moist Heat			
· 12" x 12"	\$31.00		
· Cervical	\$26.00		
· 12" x 16"	\$32.00		
<b>Subtotal for Cold/Hot Therapy</b>			<b>\$</b>

**Gels, Creams, Lotions**

Sombra Warming Gel 4 oz jar	\$7.00		
Sombra Warming Gel 3 oz roll-on	\$8.00		
Ibunox Topical Ibuprofen 2 oz btl	\$19.00		
Gluconex Topical Glucosamine 2oz	\$19.00		
<b>Subtotal for Gels, Creams, Lotions</b>			<b>\$</b>

**Exercise**

item	price	qty	total
Theracane	\$36.00		
Myotool	\$49.00		
Foam Roller 6" x 36"	\$19.00		
Half Round Foam Roller 6" x 36"	\$11.00		
Dyna-Disc	\$27.00		
Theraband 5' individual package			
· Yellow	\$5.00		
· Red	\$5.00		
· Green	\$5.00		
· Blue	\$5.00		
· Black	\$5.00		
Theraband Exercise Handles (pair)	\$10.00		
Theraband Door Anchor	\$7.00		
Overdoor Cervical Traction	\$32.00		
Supine Cervical Traction Kit	\$49.00		
Stretch Out Strap	\$22.00		
Flex Bar Red	\$13.00		
Flex Bar Green	\$16.00		
PhysioBall 75cm Blue	\$27.00		
Cuff Weights			
· 1lb	\$8.00		
· 2lb	\$9.00		
· 3lb	\$10.00		
· 4lb	\$11.00		
· 5lb	\$12.00		
Vinyl Dumbbell			
· 1lb	\$2.00		
· 2lb	\$3.00		
· 3lb	\$4.00		
ProStretch Single	\$37.00		
Hand Helper II	\$18.00		
Ergonomic Hand Helper	\$21.00		
Putty 4 ounce			
· yellow	\$6.00		
· red	\$6.00		
· green	\$6.00		
· blue	\$6.00		
<b>Subtotal for Exercise</b>			<b>\$</b>

Contact person \_\_\_\_\_

Clinic/Facility Name \_\_\_\_\_

Phone \_\_\_\_\_

## Bracing Supplies

item	price	qty	total
<b>NECK / BACK</b>			
Universal Foam Cervical Collar			
· 2 inch	\$10.00		
· 2.5 inch	\$10.00		
SI Belt			
· Small	\$23.00		
· Medium	\$23.00		
· Large	\$23.00		
SI Stabilization Pad			
Gait Belt 54"	\$11.00		
Gait Belt 72"	\$13.00		
Dual Pull CrissCross Lumbar Support			
· Small	\$26.00		
· Medium	\$26.00		
· Large	\$26.00		
· X-Large	\$26.00		
· XX-Large	\$28.00		
Serola Belt			
· Small	\$34.00		
· Medium	\$34.00		
· Large	\$34.00		
Mother-To-Be Maternity Support			
· Small	\$42.00		
· Medium	\$42.00		
· Large	\$42.00		
<b>WRIST / ELBOW</b>			
Aircast Tennis Elbow Strap			
· X-Small/Small Left	\$16.00		
· Medium Left	\$16.00		
· Large Left	\$16.00		
· X-Small/Small Right	\$16.00		
· Medium Right	\$16.00		
· Large Right	\$16.00		

## Bracing Supplies

item	price	qty	total
<b>KNEE</b>			
Cho-Pat Knee Strap			
· Small	\$14.00		
· Medium	\$14.00		
· Large	\$14.00		
· X-Large	\$14.00		
Neoprene Straight Hinged Knee Brace			
· Small	\$55.00		
· Medium	\$55.00		
· Large	\$55.00		
· X-Large	\$55.00		
<b>ANKLE / FOOT</b>			
ASO Ankle Brace (Black)			
· X-Small	\$49.00		
· Small	\$49.00		
· Medium	\$49.00		
· Large	\$49.00		
· X-Large	\$49.00		
Strassburg Sock Regular			
	\$37.00		
Strassburg Sock Large			
	\$42.00		
Powerstep Shoe Inserts			
· Women's 6-6.5 Men's 4-4.5	\$22.00		
· Women's 7-7.5 Men's 5-5.5	\$22.00		
· Women's 8-8.5 Men's 6-6.5	\$22.00		
· Women's 9-9.5 Men's 7-7.5	\$22.00		
· Women's 1-10.5 Men's 8-8.5	\$22.00		
· Women's 11-11.5 Men's 9-9.5	\$22.00		
· Women's 12-12.5 Men's 10-10.5	\$22.00		
· Women's 13-13.5 Men's 11-11.5	\$22.00		
· Women's 14-15.5 Men's 12-13.5	\$22.00		
Peel Away Heel Lift			
· Small	\$11.00		
· Medium	\$11.00		
· Large	\$11.00		
Tulis Heel Cup Regular	\$16.00		
Tulis Heel Cup Large	\$16.00		
<b>Subtotal for Bracing Supplies</b>			<b>\$</b>

Contact person \_\_\_\_\_

Clinic/Facility Name \_\_\_\_\_

Phone \_\_\_\_\_

## Wound Care / Lymphedema

item	price	qty	total
Comprilan Short Stretch Bandage			
· 6 cm	\$9.00		
· 8 cm	\$11.00		
· 10 cm	\$13.00		
· 12 cm	\$16.00		
Elastomull Elastic Gauze Bandage			
· 1" non-sterile	\$8.00		
· 2" non-sterile	\$8.00		
· 3" non-sterile	\$11.00		
· 4" non-sterile	\$12.00		
Tricofix Tubular Stockinette			
· 6 cm	\$25.00		
· 8 cm	\$27.00		
· 10 cm	\$30.00		
· 12 cm	\$35.00		
Artiflex Non-woven			
· 10 cm	\$6.00		
· 15 cm	\$8.00		
CompriFoam Soft Bandage			
· 10 cm	\$7.00		
· 12 cm	\$8.00		
Kidney Shaped Jobst Foam Padding			
· 9 cm	\$4.00		
Bandage Roll Jobst Foam Padding			
· 10 cm	\$16.00		
<b>Subtotal for Wound Care/ Lymphedema</b>			<b>\$</b>

## Pillows / Cushions

item	price	qty	total
Cervical Roll soft	\$12.00		
Half Lumbar Roll w/strap	\$14.00		
MedicAir Inflatable Back Cushion	\$26.00		
Standard Back Cushion w/strap	\$17.00		
Leg Spacer Pillow	\$19.00		
MediFlow Water Adjustable Pillow	\$45.00		
<b>Subtotal for Pillows/Cushions</b>			<b>\$</b>

## Miscellaneous

lontopatch 14 hour treatment (6)	\$49.00		
ActiPatch Anti-Inflammatory Patch			
· Sports/Back Kit	\$25.00		
· Foot/Ankle Kit	\$25.00		
· Square	\$37.00		
· Rectangle	\$32.00		
Self Adhesive TENS Electrodes			
· 2" x 2"	\$10.00		
· 2" x 3.5"	\$12.00		
Dual Channel TENS Unit	\$54.00		
<b>Subtotal for Miscellaneous</b>			<b>\$</b>

**Fill in your subtotals below and calculate the value of your inventory order.**

Subtotal for ADL/Mobility	\$
Subtotal for Cold/Hot Therapy	\$
Subtotal for Gels, Creams, Lotions	\$
Subtotal for Exercise	\$
Subtotal for Bracing Supplies	\$
Subtotal for Wound Care/ Lymphedema	\$
Subtotal for Pillows/Cushions	\$
Subtotal for Miscellaneous	\$
<b>Starter Kit</b>	<b>\$ 318.00</b>
<b>Total Inventory Order</b> <small>(Must not exceed \$2,000 unless approved)</small>	<b>\$</b>

**Fax your starter selections to Help for Home at 317-581-1857.**

Contact person \_\_\_\_\_  
 Clinic/Facility Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_



**Give your patients home therapy solutions for convenience and success!**

**The Help for Home Program**

- Your patients get convenient home PT supplies onsite—at no cost to you
- You get free clinical supplies through our Points Program
- More patient supplies and support online at [www.HelpforHome.com](http://www.HelpforHome.com)

**Give your patients the home tools they need for BIG RESULTS.**

**800-223-8073**  
**317-581-1857 fax**  
**[www.HelpforHome.com](http://www.HelpforHome.com)**  
**[info@HelpforHome.com](mailto:info@HelpforHome.com)**

